



MARY MOTHER OF THE CHURCH PARISH

58 EDGAR STREET or PO BOX 18 MACQUARIE FIELDS NSW 2564

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PARISH MISSION STATEMENT: TO BE A LIGHT UNTO THE WORLD

Parish Priest: Fr. Bosco Sangbok Son SVD

Parish Secretary: Veena Miranda

Office Hours: Tuesday, Thursday & Friday 9:00am - 3:00pm

Acknowledgement of Country : We acknowledge the Traditional Custodians, Elders and communities and the spirit that binds us in our dreams and aspirations on Dharawal country. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait peoples to this country and commit ourselves to the ongoing journey of reconciliation.

19th Sunday in Ordinary Time

Year - B - 10th & 11th August

LITURGY OF THE WORD

Entrance Antiphon

Look to your covenant, O Lord, and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause, and forget not the cries of those who seek you.

FIRST READING

A reading from the first book of Kings (19:4-8)

(Strengthened by the food, he walked to the mountain of the Lord).

Elijah went into the wilderness. A day's journey, and sitting under a furze bush wished he were dead. 'Lord, 'he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

The Word of the Lord.

RESPONSORIAL PSALM

(Ps 33)

All: Taste and see the goodness of the Lord.

Reader: I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad.

All: Taste and see the goodness of the Lord.

Reader: Glorify the Lord with me. Together let us praise his name. I sought the Lord and he answered me; from all my terrors he set me free.

All: Taste and see the goodness of the Lord.

Reader: Look towards him and be radiant; let your faces not be abashed. This poor man called; the Lord heard him and rescued him from all his distress.

All: Taste and see the goodness of the Lord.

Reader: The angel of the Lord is encamped around those who revere him, to rescue them. Taste and see that the Lord is good. He is happy who seeks refuge in him.

All: Taste and see the goodness of the Lord.

SECOND READING

A reading from the letter of Paul to the Ephesians (4:30-5:2)

(Walk in love, just as Christ).

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against

Parish News and Happenings

others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

The Word of the Lord.

GOSPEL ACCLAMATION

Alleluia, Alleluia!

I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever.

Alleluia!

GOSPEL: John (6:41-51)

(I am the living bread come down from heaven).

Communion Antiphon

O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.

READINGS FOR THE 20TH SUNDAY -YEAR B :
17th & 18th August 2024
Prov 9:1-6; Eph 5:15-20; Jn 6:51-58

WEEKEND MASS SCHEDULE

Saturday: 6:00 pm. (Vigil Mass)

Sunday : 8:00 am & 10:00 am.

Weekday Masses :

Mon- Fridays at 9:00 am

Saturday : 8.30am

RECONCILIATION:

Saturday : 5:15pm – 5:45pm

Every Wednesday : NOVENA to our Mother Mary,
6:30pm Rosary followed by Novena Prayers

Bible Study : Fortnightly on Sundays at 2.30pm in the Logos Centre.

Sunday School : Every Sundays during 10am Mass in the Logos Centre. (during the School Term)



Baptism

Through the waters of Baptism,
Jaxon David Desfosses
Dean Fletcher Desfosses
&
Tiffany Nicole Carbero Rivela

Enter into the life of God the Father, Son,
and Holy Spirit.

A vocation view:

Jesus, the Bread of Life, has come so that we might have life to its fullness. Fervent reception of the Holy Eucharist helps to discover the path God has created you to follow. (John 6:41-51)

Each year the Church in Australia marks "**National Vocations Awareness Week**" in August, connected with the celebrations of the Feast of St John Vianney (patron saint of priests) and St Mary of the Cross MacKillop (Australia's first saint).

This year, in the week of 4-11 August, we reflect once more upon Pope Francis's message from Good Shepherd Sunday, reminding us that all of us, whether married, ordained, religious or single, are "called to sow seeds of hope and build peace". Read the Pope's full message here: dow.sh/gss24

Parish Multicultural Day Celebration

Join us for a vibrant celebration of our diverse community on **Sunday, September 8, 2024,** following the 9:00 AM Mass, which will be the only Mass of the day.

Ways to Participate:

- **Donate Boxed Items:** Contribute boxed items for our white elephant stall.
- **Organize a Food Stall:** Showcase flavors from your country by setting up a food stall. Contact us to reserve your stall space.
- **Solo or Group Performance:** Share your talents with the community through a cultural performance. Register your act in advance.
- **Invite Friends and Family:** Extend the celebration by inviting loved ones to join us for this special day.
- **Wear a Costume:** Embrace your heritage by dressing in traditional attire from your country.
- Help to clean up.

For participation inquiries, please reach out to the Parish Office or contact Eric D'Silva at 0434 869 426.

Parish News and Happenings

Formation for Lectors/Readers

All Readers (existing and new) are invited to attend the Lectors /Readers Formation Day on **Saturday 17 August 2024, at 12:00pm in the church**. This one-hour session is a valuable opportunity for both new and experience readers to If you haven't registered yet, please call the parish office to sign up. Light refreshments will be provided.

Feast Day of the Assumption– 15th August

This day is a 'Holy Day of Obligation'. We will be holding 2 masses at **9:00 am & 7:00 pm**

Formation Pathway for Come & See, Go & Make

These sessions are designed for clergy and Parish pastoral councils/leadership teams but, open to all members of our parish community. For those looking to actively implement Bishop Brian's vision for parishes, this is an excellent opportunity.

- Introduction to "Come & See, Go & Make" (CSGM) & Facilitating CSGM Worksheet Activities (Double-event)
- Exploring the vision for parishes, why it matters, and how we can have hope for the future & understanding the parish approach to the Worksheet Activities.

Campbelltown – Monday 2 September, 7-9:30pm

Wollongong (& Zoom) – Wednesday 4 September, 7-9:30pm

REGISTER TO ATTEND: <http://dow.sh/sept2024>

MULTICULTURAL DAY RAFFLE

Trying to think of a way to support our parish? Collect a book of raffle tickets to sell to family and friends.

**1st Prize : \$300 ; 2nd Prize : \$150
3rd Prize : \$50 ; Plus Consolation Prizes**

Ticket price : \$2/ticket

Draw : 8th September 2024

All proceedings will go towards parish projects.

Please see Lina for your book. **Please return the sold books and the money to Lina as soon as possible. Thank you for your support.**

REFLECTION: Food for the journey.

Elijah was the greatest of the Old Testament prophets. So much so that it was thought he would come back to usher in the Messianic era. Yet in the First Reading we see him weak, exhausted, terror-stricken. He is sick and tired of being God's proph-

et. He is on the run for his life. He wants to throw the towel in. He begins to doubt himself: 'I am no better than my fathers.'

What was it that brought him so low? He had pursued a fierce war on the idolatry which was rampant at the time. This brought him into conflict with the wicked queen, Jezebel, who wanted him killed. So he fled into the desert where he lay down and prayed that God might take his life away. Then all his troubles would be ended.

He had lost his spirit. When we lose our spirit we lose our greatest source of strength. Our spirit is to us what wings are to a bird or roots are to a tree.

Even the great know periods of weakness, weariness, and despair. They feel life is so difficult that they can't cope anymore. They are no less great because of that. It shows that they are human after all, and therefore limited. Jesus himself knew such an hour in the garden of Gethsemane.

Many people are reluctant to admit their human limitations. They want to appear strong all the time. They think they will lose face before others if they show weakness and fear. But, in fact, the opposite is the case. People are touched and moved to help us when they see that we are human like them. In the words of Picasso: 'You are overcome with compassion when you find in each person the source of tears.'

God sent an angel with food and drink for Elijah. Most likely the 'angel' was none other than his servant who had accompanied him to the edge of the desert. On the strength of this food Elijah walked all the way to Horeb, the mountain of God. Just as his previous condition was not produced by lack of food (though there was a famine at the time), so his new strength didn't come from the food alone. It came from the assurance that God was with him. It was this assurance that breathed new life into him and gave him the heart to go on.

We too are journeying towards the mountain of God-eternal life. We too will experience moments of weakness on that journey. We need help-human help in the first place. Ideally this should be available through the Christian community. And of course we need the help that comes from God. What is especially sustaining is a sense of God's presence with us and love for us. And we need bread for our journey. However, ordinary bread will not suffice. We need the bread that Jesus gives-the bread of the Eucharist.

On the strength of the food which Jesus gives us in the Eucharist, we will walk all the way to God's eternal Kingdom. And along the way we may have the privilege of being God's angel to another human beings who is experiencing a low moment. It's only the kind of love and support that you expect from people who eat at the same table.

**Sunday & Holy Day Liturgies
Flor McCarthy, SDB**

Parish News and Happenings

Thanksgiving & Special Intention Mass offered for:

Birthday : Marina Skoczylas / Charlie Vikings / Alice Plevnarovska

Thanksgiving : H & P Maurice / Danya /

Special Intentions : Cris Artuz / Caroline Mary / Regi

This week masses have been offered for the Sick and Special needs of :



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|----------------------------|-----------------------|
| * Dr Lydia de Jesus | * Eva Silang |
| * Dr Joycelyn de Jesus | * Carole Dimayuga |
| * Leslie Reich | * Selda Dimayuga |
| * Jaypee Masangkay | * Nancie |
| * Aida Dayao | * Mason Dulalia |
| * Nelia Ambat | * Jun & Charo Doctors |
| * Vivian Martin | * Catherine Nguyen |
| * Lucinda Rose | * Resty Perez |
| * Maria Vu | * Susan Biag |
| * Vlado Kutle | * Lysiane |
| * Luis Vincente Marcelo | * Jake Valte |
| * Carla Geronimo | * Andrea Tuazon |
| * Hania Stoklosa | * Daniela Vladislavic |
| * Ricardo San Juan | * Mabel Artuz |
| * Alan & Margaret Raisbeck | * Monique Yongching |
| * Aleyna Meryam Lacin | * Mary Brennan |
| * Mirella Autard-Catherine | * Anica Lovrich |
| * Mik Jones | * Jordan Joval |
| * Lavina, Joseph & Lawry | * Rey Manoto |
| * Ezekiel Wijaya | * Katarina Klindic |
| | * Dominique Autard |

THIS WEEK MASSES HAVE BEEN OFFERED FOR THE REPOSE OF THE SOULS & DEATH ANNIVERSARIES OF :



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|---|----------------------|
| ✠ Pol Layugan | ✠ Saviour Bonello |
| ✠ Leon Rego | ✠ Feliciano Matildo |
| ✠ Fr. Peter Caruana | ✠ Pol Layugan |
| ✠ Allan Bongeawel | ✠ Terry Coe |
| ✠ Baby Carla Bongeawel | ✠ Cherian Mathew |
| ✠ Erlinda Nazareth | ✠ Narciso San Miguel |
| ✠ Melanie Slootjes | ✠ Maria Andreza |
| ✠ Jose Cabacungan | ✠ Crispina Contreras |
| ✠ Mervyn & Anton De Vesser | ✠ Gibert Roussel |
| ✠ Basilia Camcam | ✠ Catherina Buchanan |
| ✠ Florecita S del Rosario | ✠ Manuel Valderrama |
| ✠ Edmundo del Rosario | ✠ Mile Vukovic |
| ✠ Linda, Jovita, Antonio, Antony, Epifanio, Guadalupe, Corazon, Doroteo | |
| ✠ Deceased members of: Camcam & Cabanilla Families | |
| ✠ All souls in Purgatory | |



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SVD Prayer : *"May the darkness of sin and night of unbelief vanish before the light of the Word and the spirit of grace, and may the heart of Jesus live in the hearts of all. Amen"* **Saint Arnold Janssen**

Gloria

*Glory to God in the highest,
and on earth peace to people of good will.
We praise You, We bless You,
We adore you, We glorify You,
We give you thanks for your great glory.
Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world, have mercy on us;
You take away the sins of the world, receive our
prayer; You are seated at the right hand of the
Father, have mercy on us. For you alone are the
holy one, You alone are the Lord, You alone are most
high Jesus Christ, with the Holy Spirit, in the glory
of God the Father. Amen.*

The Apostles' Creed

*I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit, (all bow)
born of the Virgin Mary, suffered under Pontius
Pilate, was crucified, died and was buried;
He descended into hell; on the third day he rose
again from the dead; He ascended into heaven, and is
seated at the right hand of God the Father almighty;
from there He will come to judge the living and the
dead.
I believe in the Holy Spirit, the Holy Catholic
Church, the communion of Saints, the forgiveness of
sins, the resurrection of the body, and life everlasting.
Amen.*