



## MARY MOTHER OF THE CHURCH PARISH

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**PARISH MISSION STATEMENT: TO BE A LIGHT UNTO THE WORLD**

**Parish Priest: Fr. Bosco Sangbok Son SVD**

**Parish Secretary: Veena Miranda**

**Office Hours: Tuesday, Thursday & Friday 9:00am - 3:00pm**

**Acknowledgement of Country :** We acknowledge the Traditional Custodians, Elders and communities and the spirit that binds us in our dreams and aspirations on Dharawal country. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait peoples to this country and commit ourselves to the ongoing journey of reconciliation.

### *18th Sunday in Ordinary Time*

*Year - B - 3rd & 4th August 2024*

#### LITURGY OF THE WORD

##### Entrance Antiphon

**O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.**

##### FIRST READING

A reading from the book of Exodus  
(16:2-4, 12-15)

*(I will rain bread from heaven upon you).*

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, "Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death."

Then the Lord said to Moses, "Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not."

"I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God." ' And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When

the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. That' said Moses to them 'is the bread the Lord gives you to eat.

The Word of the Lord.

##### RESPONSORIAL PSALM

(Ps 77)

**All: The Lord gave them bread from heaven.**

**Reader:** The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might.

**All: The Lord gave them bread from heaven.**

**Reader:** He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven.

**All: The Lord gave them bread from heaven.**

**Reader:** Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountains which his right hand had won.

**All: The Lord gave them bread from heaven.**

# Parish News and Happenings

## SECOND READING

A reading from the letter of Paul to the Ephesians  
(4:17,20-24)  
*(Put on the new person that has been created in  
God's image).*

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The Word of the Lord.

## GOSPEL ACCLAMATION

**Alleluia, Alleluia!**

No one lives on bread alone, but on every word that comes from the mouth of God.

**Alleluia!**

**GOSPEL:** John (6:24-35)  
*(He distributed to those who were seated  
as much as they wanted).*

## Communion Antiphon

You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.

## WEEKEND MASS SCHEDULE

**Saturday: 6:00 pm.** (Vigil Mass)

**Sunday : 8:00 am & 10:00 am.**

### Weekday Masses :

**Mon- Fridays at 9:00 am**

**Saturday : 8.30am**

## RECONCILIATION:

**Saturday :** 5:15pm – 5:45pm

**Every Wednesday : NOVENA to our Mother Mary,**  
6:30pm Rosary followed by Novena Prayers

**Bible Study :** Fortnightly on Sundays at 2.30pm  
in the Logos Centre.

**Sunday School :** Every Sundays during 10am Mass  
in the Logos Centre. (during the School Term)

**READINGS FOR THE 19TH SUNDAY -YEAR B :**  
**10th & 11th August 2024**  
**1 Kg 19:4-8; Eph 4:30-5:2; Jn 6:41-51**

**BAPTISMS are open. Every 2nd & 4th  
Saturdays of the Month at 11:30am**

**For Baptism Preparation** please contact **Maria D'souza** through email :  
**maria197114@gmail.com** OR  
**contact the Parish Office.**

## Feast Day of the Assumption

**On 15th August, we celebrate the Feast Day of  
the Assumption of the Blessed Virgin Mary.**

This day is a 'Holy Day of Obligation'. We will be  
holding 2 masses at **9:00 am & 7:00 pm**

## Parish Multicultural Day Celebration

Join us for a vibrant celebration of our diverse  
community on **Sunday, September 8, 2024,**  
following the 9:00 AM Mass, which will be the  
only Mass of the day.

### **Ways to Participate:**

- **Donate Boxed Items:** Contribute boxed items for our white elephant stall.
- **Organize a Food Stall:** Showcase flavors from your country by setting up a food stall. Contact us to reserve your stall space.
- **Solo or Group Performance:** Share your talents with the community through a cultural performance. Register your act in advance.
- **Invite Friends and Family:** Extend the celebration by inviting loved ones to join us for this special day.
- **Wear a Costume:** Embrace your heritage by dressing in traditional attire from your country.
- Help to clean up.

For participation inquiries, please reach out to the Parish Office or contact Eric D'Silva at 0434 869 426.

Let's come together to celebrate our diversity and unity as a parish community!

# Parish News and Happenings

## Parish Cuppa Weekend

WELCOME AND HOSPITALITY MINISTRY will be holding the monthly Parish Weekend Cuppa this weekend after all the masses. Please join us for a Cuppa with some lovely conversation sharing. **GOLD COIN DONATION APPRECIATED!**

## RCIA Program

We are inviting those adults who might like to discern becoming a catholic to take part in our RCIA program, which will begin in September 2024 and go through to the Easter 2025. RCIA stands for the Rite of Christian Initiation of Adults. If you, or someone you know, would like to find out more about RCIA, or to be sent an enquiry form, please contact the parish office.

## Formation for Lectors/Readers

All Readers (existing and new) are invited to attend the Lectors /Readers Formation Day on **Saturday 17 August 2024, at 12:00pm in the church.** Light refreshments will be served. Please inform the parish office of your attendance.

## MULTICULTURAL DAY RAFFLE

Trying to think of a way to support our parish? Collect a book of raffle tickets to sell to family and friends.

**1st Prize : \$300**  
**2nd Prize : \$150**  
**3rd Prize : \$50**  
**Plus Consolation Prizes**

**Ticket price : \$2/ticket**

**Draw : 8th September 2024**

All proceedings will go towards parish projects. Thank you for your support.

Please see Lina for your book. **Please return the sold books and the money to Lina as soon as possible. Thank you.**

## St Vincent de Paul Conference Volunteers needed

Vinnies Vans are outreach services that provide meals and snacks on Tuesdays at 5pm. If you would like to volunteer please contact 0478 853 149. Leaflets in the Church foyer.

## REFLECTION: Our many hungers.

In 1885 Vincent van Gogh visited a museum in Amsterdam in order to see Rembrandt's famous painting, 'The Jewish Bride'. Having seen it he said, 'I would give ten years of my life if I could sit before this picture for a fortnight, with nothing

but a crust of dry bread for food. My first hunger is not for food, though I have fasted ever so long. The desire for painting is so much stronger, that when I receive some money I start at once hunting for models until all the money is gone.'

It's not only the body that gets hungry; the heart and the spirit get hungry too. The bread of material things can never satisfy the heart of a human being. To nourish a human being is not the same as to fatten cattle. We are creatures not with one hunger but with a hundred hungers. We hunger for lots of things besides bread.

Not all of our hungers should be satisfied. Some of them are appetites which could destroy us if we feed them. The more they are fed, the hungrier and more demanding they become. We should be aware that such appetites exist within us. But let us stay with the hungers that should be satisfied if we are to be properly nourished as human beings and children of God.

We hunger for a feeling of importance. Nobody wants to be a nobody. We all want to matter, if only to one person.

We hunger for acceptance. If we are not accepted it becomes almost impossible for us to realise ourselves. We hunger for relationship. Without them we are at the mercy of cold winds of anguish and loneliness. We are like a lone tree on a hilltop.

We hunger for motivation. Without it we are like a sail boat without the wind.

We hunger for faith - for a set of positive beliefs to guide us. Otherwise we are like a ship without chart or compass or port of destination.

We hunger for hope. To give up hope is akin to going on a spiritual hunger strike.

We hunger for love. If this was fully satisfied then most of our other hungers would disappear.

However, there is one further hunger, a deeper one, and one that underlies all our other hungers, including that of love. It is the hunger for eternal life. In other words, the hunger for God. To experience this hunger is not a misfortune but a blessing. It saves us from stagnation and keeps the stream of our lives moving forward towards the sea.

Every day we see people emerging from supermarkets with trolleys loaded down with food and drink. But we won't find this other bread in supermarkets. If we could, we should be well nourished. Only God can give us this food. Only God can satisfy our deepest hungers.

The manna sustained life temporarily. The food Jesus gives sustains life permanently. To us, pilgrims on the streets of time but driven by an irrepressible desire for immortality, Jesus comes with the promise: 'He who eats the bread that I give will live forever'. Who would not want to eat this bread?

## Sunday & Holy Day Liturgies

# Parish News and Happenings

## Thanksgiving & Special Intention Mass offered for:

**Birthday :** Jacinta Suggun

**Thanksgiving :** Danica Pineda & Sam Lacin / Anishka, Alijah, Aisaach / Evelyn Camcam

**Special Intentions :** Rochecouste Family

**This week masses have been offered for the Sick and Special needs of :**



- |                            |                       |
|----------------------------|-----------------------|
| * Dr Lydia de Jesus        | * Eva Silang          |
| * Dr Joycelyn de Jesus     | * Carole Dimayuga     |
| * Leslie Reich             | * Selda Dimayuga      |
| * Jaypee Masangkay         | * Nancie              |
| * Aida Dayao               | * Mason Dulalia       |
| * Nelia Ambat              | * Jun & Charo Doctors |
| * Vivian Martin            | * Catherine Nguyen    |
| * Lucinda Rose             | * Resty Perez         |
| * Maria Vu                 | * Susan Biag          |
| * Vlado Kutle              | * Lysiane             |
| * Luis Vincente Marcelo    | * Jake Valte          |
| * Carla Geronimo           | * Andrea Tuazon       |
| * Hania Stoklosa           | * Daniela Vladislavic |
| * Ricardo San Juan         | * Mabel Artuz         |
| * Alan & Margaret Raisbeck | * Monique Yongching   |
| * Aleyna Meryam Lacin      | * Mary Brennan        |
| * Mirella Autard-Catherine | * Anica Lovrich       |
| * Mik Jones                | * Jordan Joval        |
| * Lavina, Joseph & Lawry   | * Rey Manoto          |
| * Ezekiel Wijaya           | * Katarina Klindic    |
|                            | * Dominique Autard    |

**THIS WEEK MASSES HAVE BEEN OFFERED FOR THE REPOSE OF THE SOULS & DEATH ANNIVERSARIES OF :**



- |                                   |                     |
|-----------------------------------|---------------------|
| ✠ Pol Layugan                     | ✠ Frank Rochecouste |
| ✠ Gunawan Radibyo                 | ✠ Pampilo Ona       |
| ✠ Danica Vukovic                  | ✠ Joseph Fowler     |
| ✠ Clara Juel                      | ✠ Matilde Ona       |
| ✠ Cecilia Quiah                   | ✠ Antera de Leon    |
| ✠ Bryan Howard                    | ✠ Marhe Paulin      |
| ✠ Lucien Sullivan                 | ✠ Nguyen Dinh Van   |
| ✠ Pierre Ducasse                  | ✠ Iris Nolan        |
| ✠ Leticia Hennandez               | ✠ Floss Boorman     |
| ✠ Terry Sumeo                     | ✠ Angela Marcello   |
| ✠ Jan Piela                       | ✠ Acapito Palma     |
| ✠ Cyril Rochecouste               | ✠ Judith Calman     |
| ✠ Cyril Houbert                   | ✠ Bayani Manuel     |
| ✠ Emmanuel A Bantug               | ✠ Marie Rafaud      |
| ✠ Avelino Angeles                 |                     |
| ✠ Lucita, Dave, Maryjane, Antonio |                     |
| ✠ All souls in Purgatory          |                     |



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**SVD Prayer :** *"May the darkness of sin and night of unbelief vanish before the light of the Word and the spirit of grace, and may the heart of Jesus live in the hearts of all. Amen"* **Saint Arnold Janssen**

## **Gloria**

*Glory to God in the highest,  
and on earth peace to people of good will.  
We praise You, We bless You,  
We adore you, We glorify You,  
We give you thanks for your great glory.  
Lord God, heavenly King,  
O God, almighty Father.  
Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world, have mercy on us;  
You take away the sins of the world, receive our  
prayer; You are seated at the right hand of the  
Father, have mercy on us. For you alone are the  
holy one, You alone are the Lord, You alone are most  
high Jesus Christ, with the Holy Spirit, in the glory  
of God the Father. Amen.*

## **The Apostles' Creed**

*I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit, (all bow)  
born of the Virgin Mary, suffered under Pontius  
Pilate, was crucified, died and was buried;  
He descended into hell; on the third day he rose  
again from the dead; He ascended into heaven, and is  
seated at the right hand of God the Father almighty;  
from there He will come to judge the living and the  
dead.  
I believe in the Holy Spirit, the Holy Catholic  
Church, the communion of Saints, the forgiveness of  
sins, the resurrection of the body, and life everlasting.  
Amen.*